



Ethics in Leadership



March 2023

Vol 1 No 3

Ethics in Leadership is published by the Rocky Mountain Region Chaplain Corps on a monthly basis. It is distributed to staff and other CAP leaders with the approval of the region commander.

Much has been written about change. Many of you may recall *Who Moved My Cheese*, a popular publication in the late 90's. Often, new leadership brings the challenge of dealing with change. Below are points from a short article on change by Adam Markel which is both relevant and timely. Please give it a read and then consider its contents:

"The secret of change is to focus all of your energy, not on fighting the old, but on building the new." - Socrates

Comfort is overrated.

Most of my growth has occurred in moments of discomfort and uncertainty. We can't always see the growth that will be the result - but hindsight truly is 20/20. Because when we look back, it's easier to see how that growth took us to new heights.

When life is really good and smooth - we aren't growing as much as we're flowing.

Staying open to what is new and what is fresh, seeing the status quo and being okay with the potential that exists within change, this is how we become Change Proof.

The universal law of change is manifestation. Our world would not continue to exist without constant change. Now, that might sound extreme, but I want to really open your eyes to this idea that leaning into change is the essence of life.

Fear of change causes us to settle, move away from our dreams or potential. And many of us do this for years - I did. This realization changed my whole life, because as soon as I allowed myself to think about and dream about change, the process of pivoting and growth sped up.

Once you're ready to pivot, the universe will support those efforts and that mindset.

Focus your energy on leading your own life in a way that is always inviting newness and let's see what unfolds together.

Throw out old ideas, ways of operating and embrace new ideas. Seek input from others and consider the value of their input. Old ideas become stale and inefficient over time. Please consider new ways if the old are not bringing positive results. Ecclesiastes 3, 1-11 suggests there is a time and season for everything. Perhaps now is the time for change. Change in your life, change in the way you work and change in your CAP efforts.